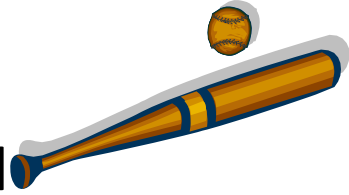


Lacrosse and Baseball



Apple Valley League and Upstate Lacrosse Association

Registration Night

Thursday, March 4th, 6:30-8pm Grimshaw Elementary Cafeteria

AVL Baseball and Softball For boys and girls, twice per week April through June, approximate ages 5-12. To begin T-ball, you must currently be **in Kindergarten**. Proof of age needed for all new players (we do not need to keep a copy, just review it.) Hats available for \$7. Call 677-7272 for info.

ULA Lacrosse For boys and girls currently in grades 3-8. You will need to pay the registration fee of \$55 and any uniform fees now. Shorts are \$11 and jerseys are \$15. Please bring health insurance cards and physician's information to signups. One practice per week until baseball/softball is over, then practice and games through July. (2009 prices subject to change)

1st and 2nd grade **instructional lacrosse** sign ups will be taken for the LCC in-house program. Cost is \$10 and participants will receive a T-shirt. One practice only per week during baseball, then will increase to two, plus games through July for boys. Girls held in the box, dates TBA.

Miss AVL registration? Forms are at town offices, submit by March 15th or visit www.townoflafayette.com, go to Community Council, then Forms. For AVL:

Parents Please be considerate of league timelines and structuring. We ask that you do not approach coaches to register, but rather call 677-7272. Please do not request teams or just "show up" at practices. Please be flexible and creative with ride-sharing and other issues.

Coaches Please direct inquiries to LCC, 677-7272. Do not sign players up, thanks!

Miss ULA? Call 677-7272 and we will direct you to the lacrosse representative.